

MCSM-LDEO Field Experiences

Food Planning Order

Name \_\_\_\_\_ Group \_\_\_\_\_

We will be providing a box lunch (sandwich, 'chips,' and juice or water) for lunch on Friday and Saturday. Please check your sandwich preference for each lunch:

Preference	Friday lunch	Saturday lunch
Roast beef		
Turkey & provolone		
Roast chicken		
Tuna		
Ham & cheese		
Grilled veggies		

Friday dinner will be a barbeque by Lamont Hall.

Saturday breakfast will be in the Lamont Seismology & Marine Biology Building. Please check your choice:

	Saturday breakfast
Cheerios	
Raisin Bran	
Corn Flakes	
Instant oatmeal	

We will also have "carbs" (e.g., Pop-ems), orange juice, coffee, and teas.